## **L**ncha



When I am receiving care and support I expect the people responsible for my care to:

- Actively involve me in decisions about my medicines. Help and support me to make shared decisions about my medicines.
- Involve me in regular monitoring and review of my medications and make sure I understand why this is being done.
- > Make sure that medicines are given to me in a form and route appropriate to my needs and abilities.
- Make sure that medicines will only be given with my consent unless I lack the capacity to do so.
- Respect the advance decisions or directives I make regarding refusing medicines.
- Make sure that medicines are not given to me hidden in my food or drink unless it is in my best interests and all legal requirements have been met.
- Examine my mouth to ensure that my oral health needs are being met.
- Recognise when I am unable to swallow safely.

## **L**ncha



## **Medication Charter**

As a professional working with medication, I must have the requisite knowledge and skills to:

- Identify and respect the resident's wishes and beliefs about medication.
- Involve and support the resident and/or those important to them to make shared decisions about medication.
- Involve the resident I care for in regular medicines optimisation reviews by a multidisciplinary team.
- Assess, monitor, administer and review medication to ensure that the resident receives medication safely and in an appropriate form and route.
- Only administer medicines in line with local covert medication policy and the guidance of the Court of Protection.
- Make sure an advance care plan, which includes medication, is in place for the resident, with a regular review when their condition changes.
- Work with other members of the multidisciplinary team to ensure that the resident's medication needs are met. Make sure that optimal oral and dental care is provided for residents.
- Recognise and manage swallowing problems to ensure appropriate referrals are made.